

Tobacco Prevention Program News!

Head Start/ECEAP Partnership

Exciting news!

The Head Start/ECEAP Program and the Tobacco Prevention Program are working together to help families overcome nicotine addiction. In addition education and encouragement to bring the smoking outdoors will be on the front line.

Secondhand smoke contains at least 250 chemicals known to be toxic; 50 are cancer causing.¹ Children exposed to tobacco smoke in cars and at home are more likely to develop asthma and upper respiratory infections.¹

Since the state tobacco prevention program started, secondhand smoke exposure in homes has dropped by more than 50%. The partnership with Head Start/ECEAP will continue efforts to decline secondhand smoke exposure, thus decreasing childhood risk for developing asthma.

Consider these WA state facts:

*Each year in WA about 500 children under age 5 get asthma from breathing secondhand smoke.¹

*1 in 3 youth with current asthma missed 1 or more school days due to asthma.²

*Youth with current asthma were more likely than youth without asthma to seriously consider suicide.²

Youth Tobacco use is a BIG DEAL!

Each day in the United States, approximately 3,600 young people between the ages of 12 and 17 years initiate cigarette smoking (CDC,2009).

45 youth in WA start smoking each day and 1/3 of them will eventually die from it.¹

Fall, 2009

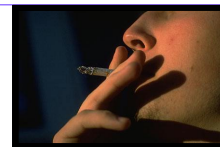


There is no risk-free level of secondhand smoke exposure. Even brief exposure can be dangerous.⁵

EVERONE DESERVES THE RIGHT TO BREATHE CLEAN AIR ALWAYS!

Did you Know...

More deaths are caused each year by tobacco use than by all deaths from human immunodeficiency virus (HIV), illegal drug use, alcohol use, motor vehicle injuries, suicides, and murders combined.^{3,4}



Upcoming events:

- Presentation of proposal to have Tobacco-Free Zoning in and 25 feet around all playground areas as a Walla Walla City Park rule.
- Parks, Recreation and Urban Forestry Advisory Committee (PRUFAC) on **September 14 (7PM) at the City Service Center Conference Room (55 Moore Street, Walla Walla).**
Please come and show your support!!!

Local Cessation

Youth Cessation contact: Casey Cramer, WAHI, 526-8618; Mardi Hagerman with St. Mary's Regional Cancer center runs classes at the Juvenile Detention Center the 1st and 3rd Monday of the month.

Adult Cessation contact: Walla Walla General Hospital, 522-2424

1. Washington State Department of Health, Tobacco Prevention and Control Program Progress Report, March 2009. Accessed on 7/29/2009 <http://www.doh.wa.gov/tobacco/program/reports/tpcp09progrpt.pdf>
 2. Washington State Department of Health, The Burden of Asthma in WA State, 2008. *Healthy Youth Survey (2006)*. Accessed on 08/31/09 from <http://www.doh.wa.gov/cfh/asthma/publications/burden/2008-Burden-Rpt.pdf>
 3. Centers for Disease Control and Prevention. Annual Smoking-Attributable Mortality, Years of Potential Life Lost, and Productivity Losses—United States, 1997–2001. Morbidity and Mortality Weekly Report [serial online]. 2005; 54(25): 625-628 [accessed 2006 Sep 23].
 4. McGinnis J, Foege WH. Actual Causes of Death in the United States. Journal of American Medical Association. 1993;270:2207–2212 [accessed 2006 Sep 23].
 5. U.S. Department of Health and Human Services. The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General. Atlanta, Georgia: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Coordinating Center for Health Promotion, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2006 [accessed 2006 Sep 27].