

**Required Testing: Physical agility assessment: Wednesday, April 3, 2019: *Females at 9 am and Males at 10 am* at Borleske Stadium located at 409 E Rees Ave., Walla Walla, WA. Written exam: Wednesday, April 3, 2019 at 1:30 pm at the HR training room located at 314 W. Main St. room 214, Walla Walla, WA.**

**Pre-employment physical agility testing is required for these positions.**

**WALLA WALLA COUNTY CORRECTIONS OFFICERS  
PRE-EMPLOYMENT PHYSICAL FITNESS ABILITY ASSESSMENT**

Date: April 3, 2019    Time: 9:00 a.m. *Females*    Place: Borleske Stadium  
Arrive by 8:45 a.m.    409 E. Rees Ave. Walla Walla, WA  
Time: 10:00 a.m. *Males*  
Arrive by 9:45 a.m.

	<u>Minimum</u>	<u>Medium</u>	<u>Maximum</u>
1.    Push ups	15 push ups	19 push ups	23 push ups

*5 minute rest before next test*

2.    Sit ups (1 minute duration)	12 sit ups	15 sit ups	18 sit ups
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*10 minutes rest before next test*

3.    1.5 mile run	17 min., 17 sec.	16 min., 55 sec.	16 min., 37 sec.
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**CORRECTIONS OFFICERS ACADEMY PHYSICAL ABILITY TEST (PAT) GUIDELINES**

In order to comply with WAC 139-10-212 “Physical Requirements for Admission to Basic Correction Academies,” Academy applicants are required to demonstrate a requisite level of fitness for training purposes prior to entrance. As a requirement of the position as stated in the job description “Must be able to obtain, within six (6) months, a Certificate of Corrections Officer” which is obtained by completing the Corrections Officer Academy. The Corrections Division PAT measures aerobic capacity, strength, and flexibility using three events: push-up, sit-up, and a 1.5-mile run. Failure to demonstrate the required level of fitness within the overall assessment will result in ineligibility for academy attendance and completion.