

Required Testing: Physical agility assessment: Friday, September 20, 2019: *Females at 9 am and Males at 10 am* at Borleske Stadium located at 409 E Rees Ave., Walla Walla, WA. Written exam: Friday, September 20, 2019 at 1:30 pm at the HR training room located at 314 W. Main St. room 214, Walla Walla, WA.

Pre-employment physical agility testing is required for these positions.

**WALLA WALLA COUNTY CORRECTIONS OFFICERS
PRE-EMPLOYMENT PHYSICAL FITNESS ABILITY ASSESSMENT**

Date: Sept. 20, 2019 Time: 9:00 a.m. *Females* Place: Borleske Stadium
Arrive by 8:45 a.m. 409 E. Rees Ave. Walla Walla, WA
Time: 10:00 a.m. *Males*
Arrive by 9:45 a.m.

	<u>Minimum</u>	<u>Medium</u>	<u>Maximum</u>
1. Push ups	15 push ups	19 push ups	23 push ups

5 minute rest before next test

2. Sit ups (1 minute duration)	12 sit ups	15 sit ups	18 sit ups
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10 minutes rest before next test

3. 1.5 mile run	17 min., 17 sec.	16 min., 55 sec.	16 min., 37 sec.
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CORRECTIONS OFFICERS ACADEMY PHYSICAL ABILITY TEST (PAT) GUIDELINES

In order to comply with WAC 139-10-212 “Physical Requirements for Admission to Basic Correction Academies,” Academy applicants are required to demonstrate a requisite level of fitness for training purposes prior to entrance. As a requirement of the position as stated in the job description “Must be able to obtain, within six (6) months, a Certificate of Corrections Officer” which is obtained by completing the Corrections Officer Academy. The Corrections Division PAT measures aerobic capacity, strength, and flexibility using three events: push-up, sit-up, and a 1.5-mile run. Failure to demonstrate the required level of fitness within the overall assessment will result in ineligibility for academy attendance and completion.