

Pre-employment physical agility testing is required for these positions.

**WALLA WALLA COUNTY CORRECTIONS OFFICERS
PRE-EMPLOYMENT PHYSICAL FITNESS ABILITY ASSESSMENT**

Date: To Be Announced Time: TBA Place: Borleske Stadium
409 E. Rees Ave. Walla Walla, WA

	<u>Minimum</u>	<u>Medium</u>	<u>Maximum</u>
1. Push ups	15 push ups	19 push ups	23 push ups
<i>5 minute rest before next test</i>			
2. Sit ups (1 minute duration)	12 sit ups	15 sit ups	18 sit ups
<i>10 minutes rest before next test</i>			
3. 1.5 mile run	17 min., 17 sec.	16 min., 55 sec.	16 min., 37 sec.

CORRECTIONS OFFICERS ACADEMY PHYSICAL ABILITY TEST (PAT) GUIDELINES

In order to comply with WAC 139-10-212 “Physical Requirements for Admission to Basic Correction Academies,” Academy applicants are required to demonstrate a requisite level of fitness for training purposes prior to entrance. As a requirement of the position as stated in the job description “Must be able to obtain, within six (6) months, a Certificate of Corrections Officer” which is obtained by completing the Corrections Officer Academy. The Corrections Division PAT measures aerobic capacity, strength, and flexibility using three events: push-up, sit-up, and a 1.5-mile run. Failure to demonstrate the required level of fitness within the overall assessment will result in ineligibility for academy attendance and completion.